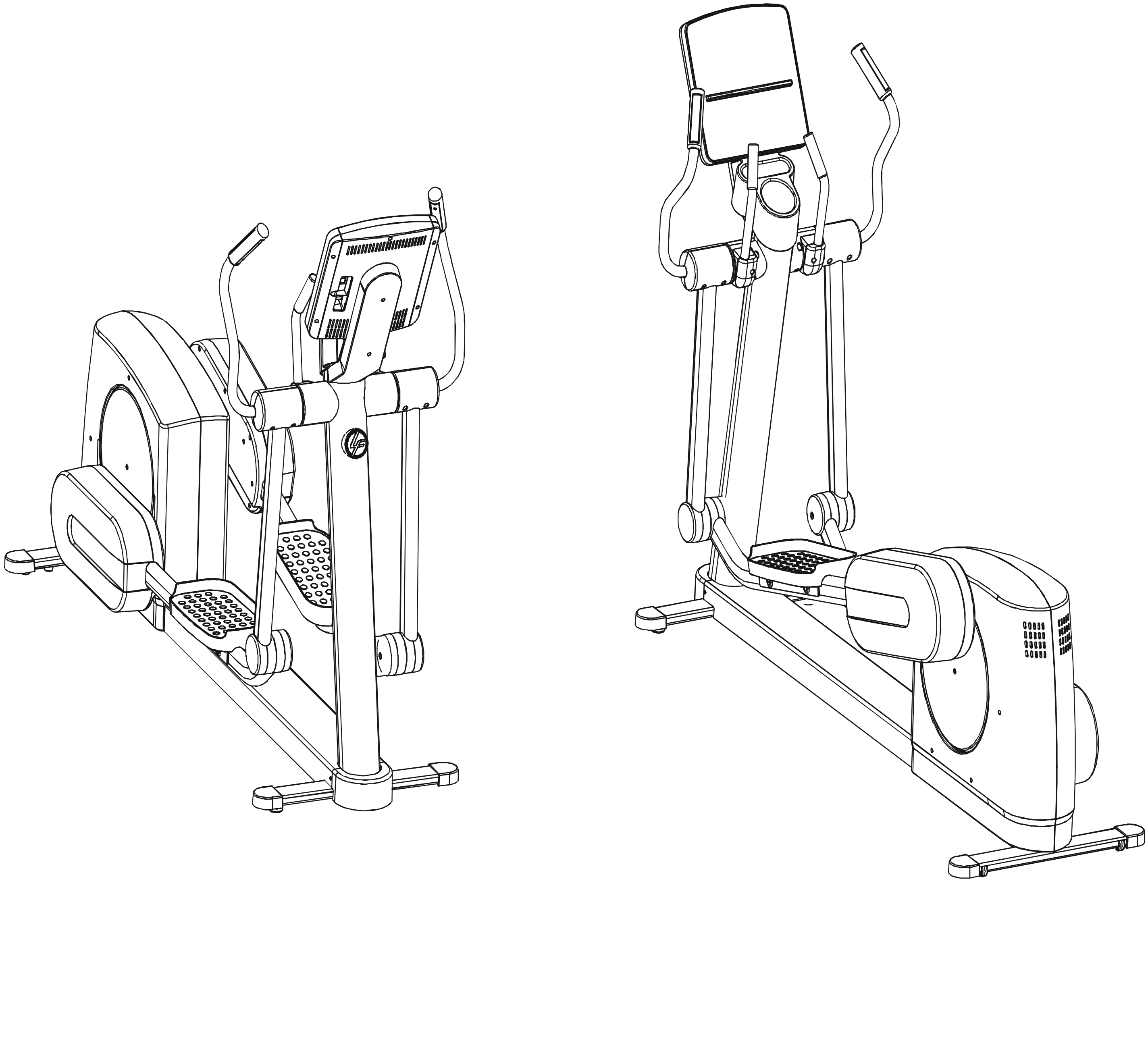
Life Fitness

ARCTIC SILVER CROSS-TRAINER 93XW-0XXX-02



Customer Support Services

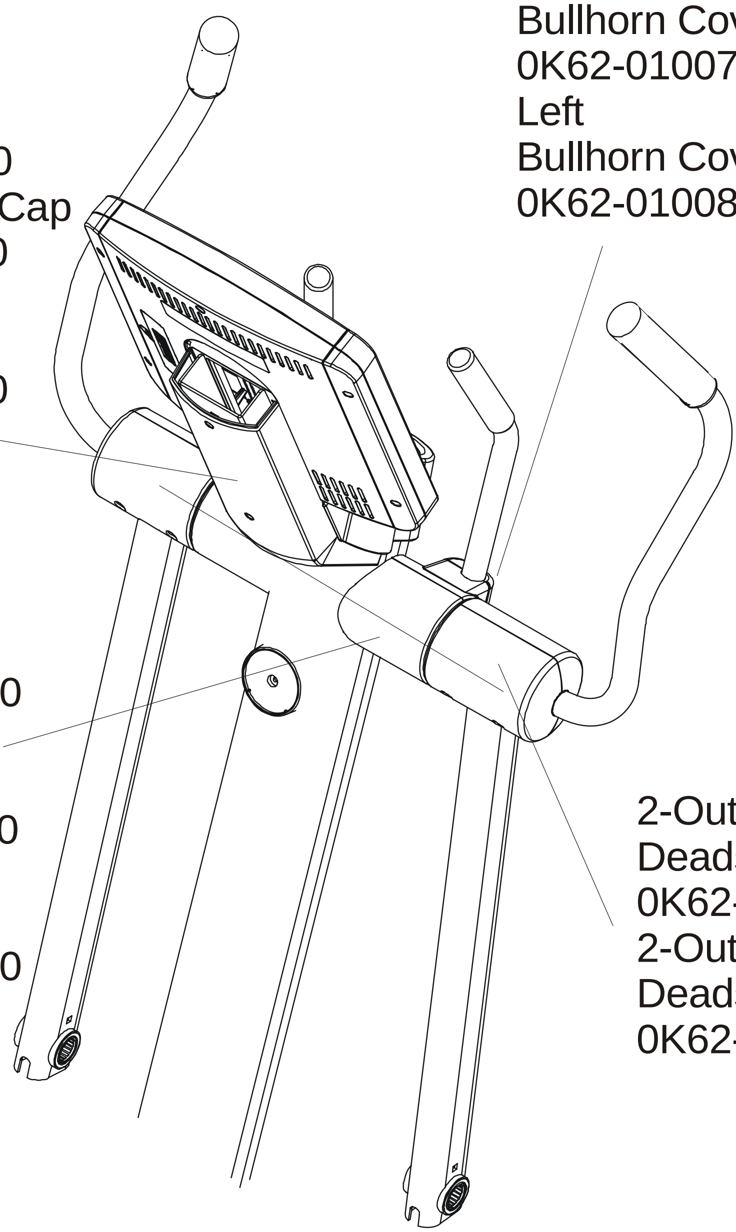
PARTS MANUAL revised 30 Jul 2008

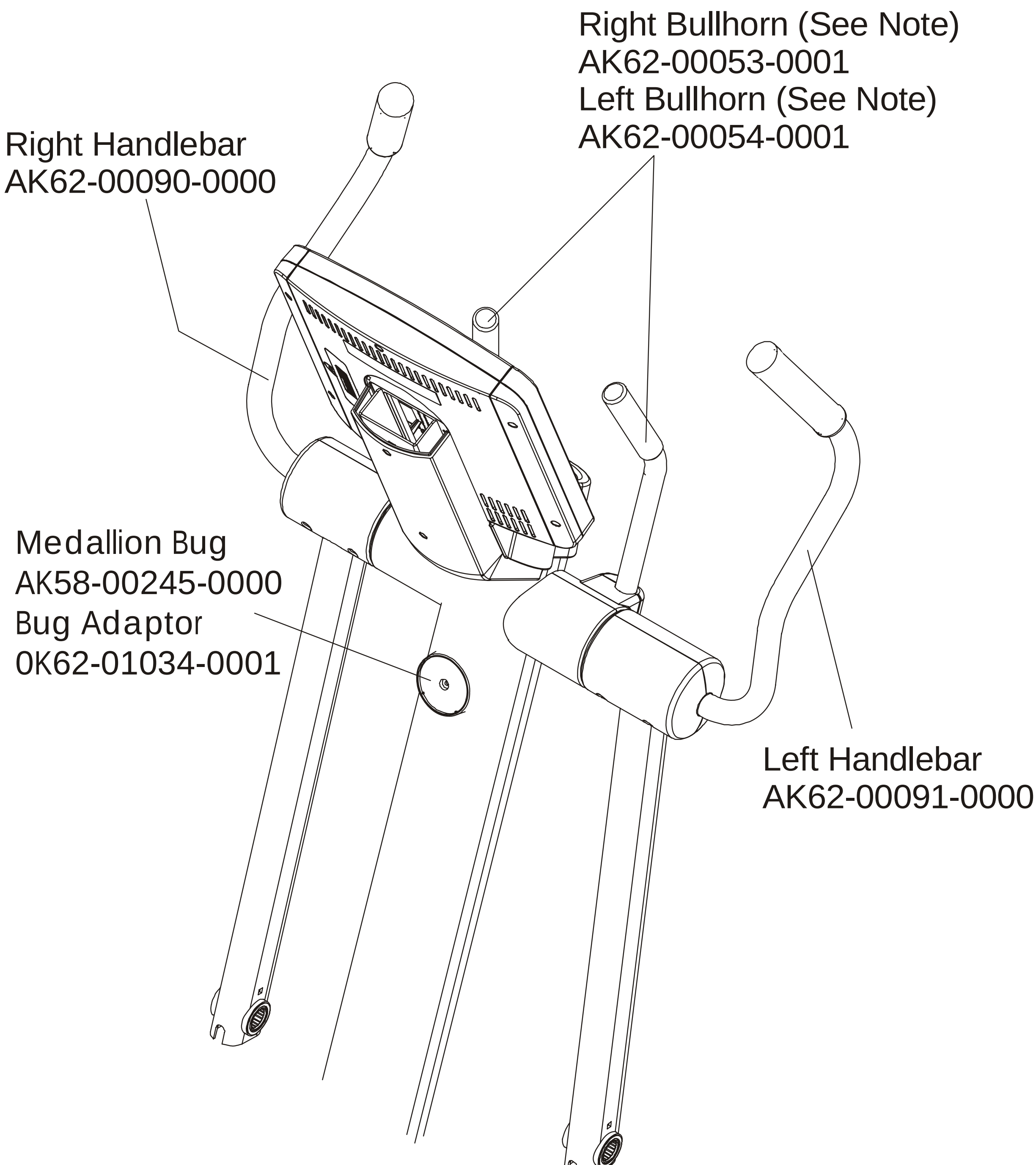
OPERATION MANUAL	M051-00K62-A111
SERVICE MANUAL	M051-00K62-A060
TOUCH UP PAINT: SPRAY CAN .5 OZ BOTTLE W/APPLICATOR .33 OZ PEN	 0017-00008-0204 0017-00008-0205 0017-00008-0206
POWER CABLE W/BRACKET ASSY. ASSEMBLY CONSISTS OF: 1) COAX CABLE 2) POWER EXTENSION CABLE 3) ACCESS PANEL BRACKET 4) F TYPE CONNECTOR 5) PLASTIC GROMMET (QTY. 2)	AK62-00210-0000 AK32-00020-0002 AK32-00078-0001 0K62-01179-0001 0017-00021-2846 0017-00042-0754
HARDWARE BAG	AK62-00152-0001
PLUG IN OPTION 120/60	GK62-00002-0018
PLUG IN OPTION 240/50 UK	GK62-00002-0019
PLUG IN OPTION 240v AUS	GK62-00002-0020
PLUG IN OPTION 230/50 CONT	GK62-00002-0021

NOTE: ADDING THE BOLT ON LCD SCREEN TO THE 93XW-0XXX-02 MAKES THE UNIT A 93XER-0XXX-02.

Page

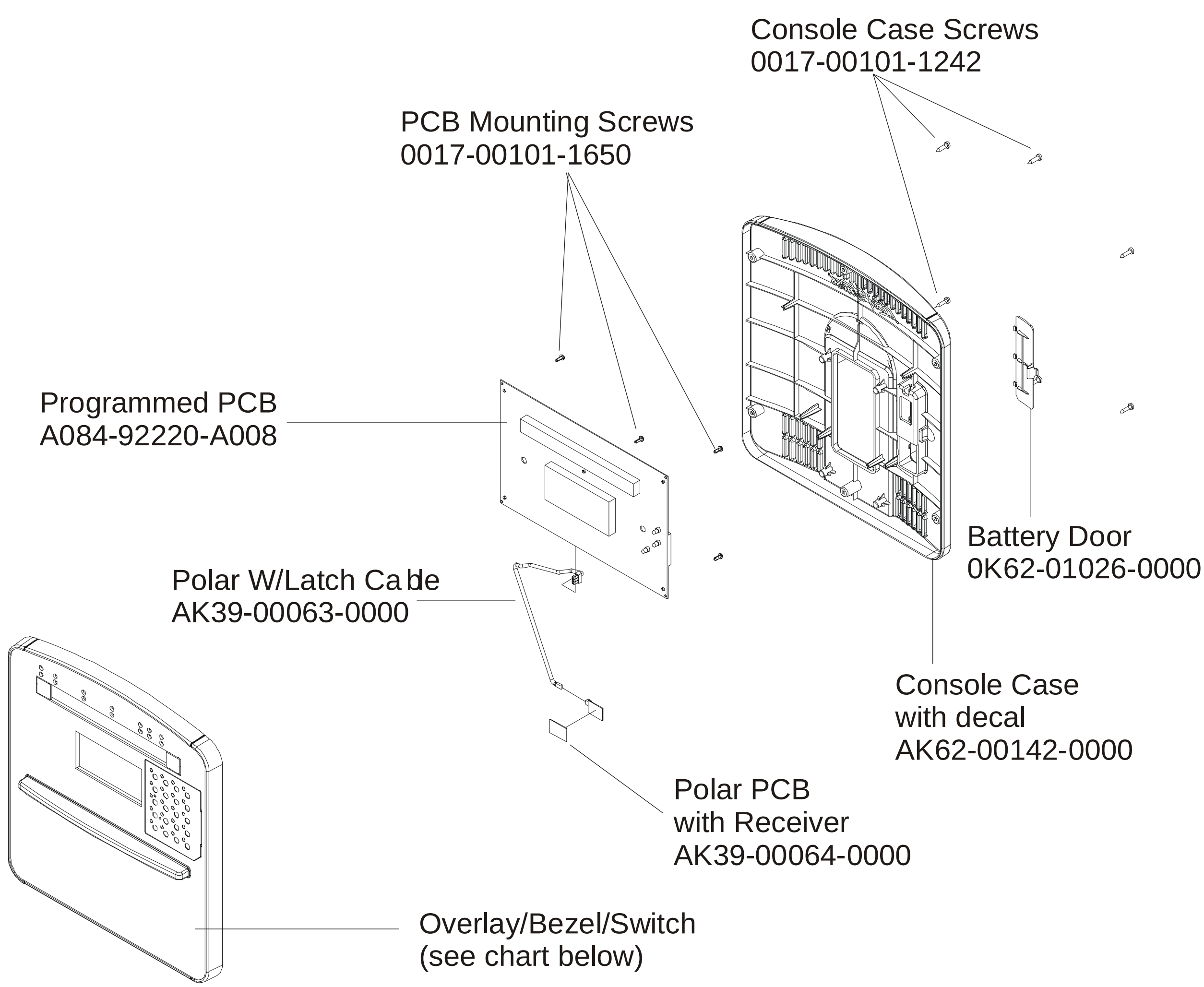
Note: The 93X has Telemetry only.


Console Support
AK62-00123-0000
Console Support Cap
0K62-01030-0000
Console Support
Shroud
0K62-01023-0000
Right
Bullhorn Cover
0K62-01007-0001
Left
Bullhorn Cover
0K62-01008-0001
Right Inside
Deadshaft Cover
0K62-01010-0000
Left Inside
Deadshaft Cover
0K62-01011-0000
2-Front Inside
Deadshaft Cover
0K62-01009-0000
2-Outside Front
Deadshaft Cover
0K62-01013-0000
2-Outside Rear
Deadshaft Cover
0K62-01012-0000



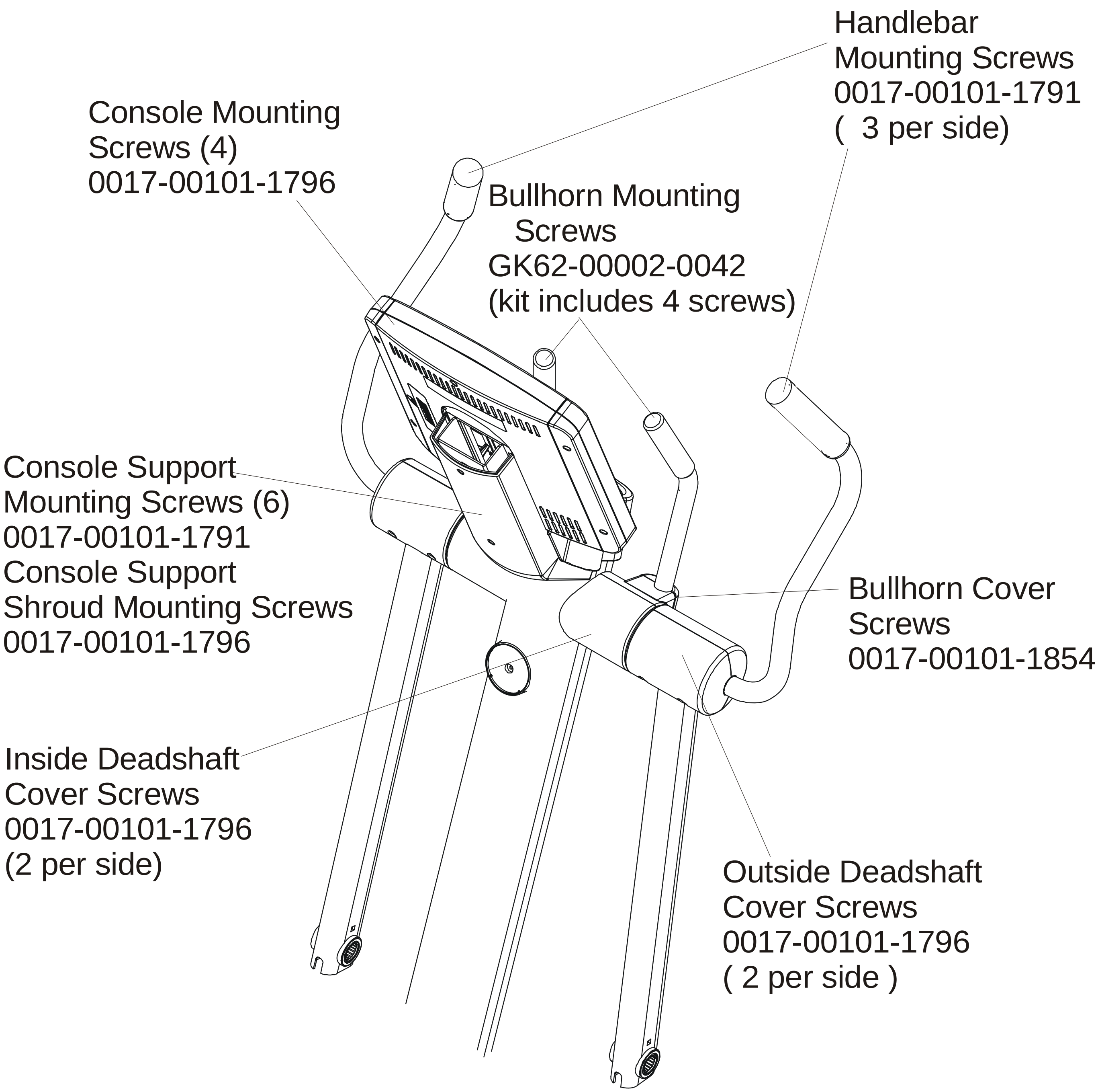
NOTE: The Right Bullhorn Assembly consists of: AK62-00057-0001 Bullhorn, 0K62-01136-0000 Grip, and 0K62-01199-0001 Gasket.

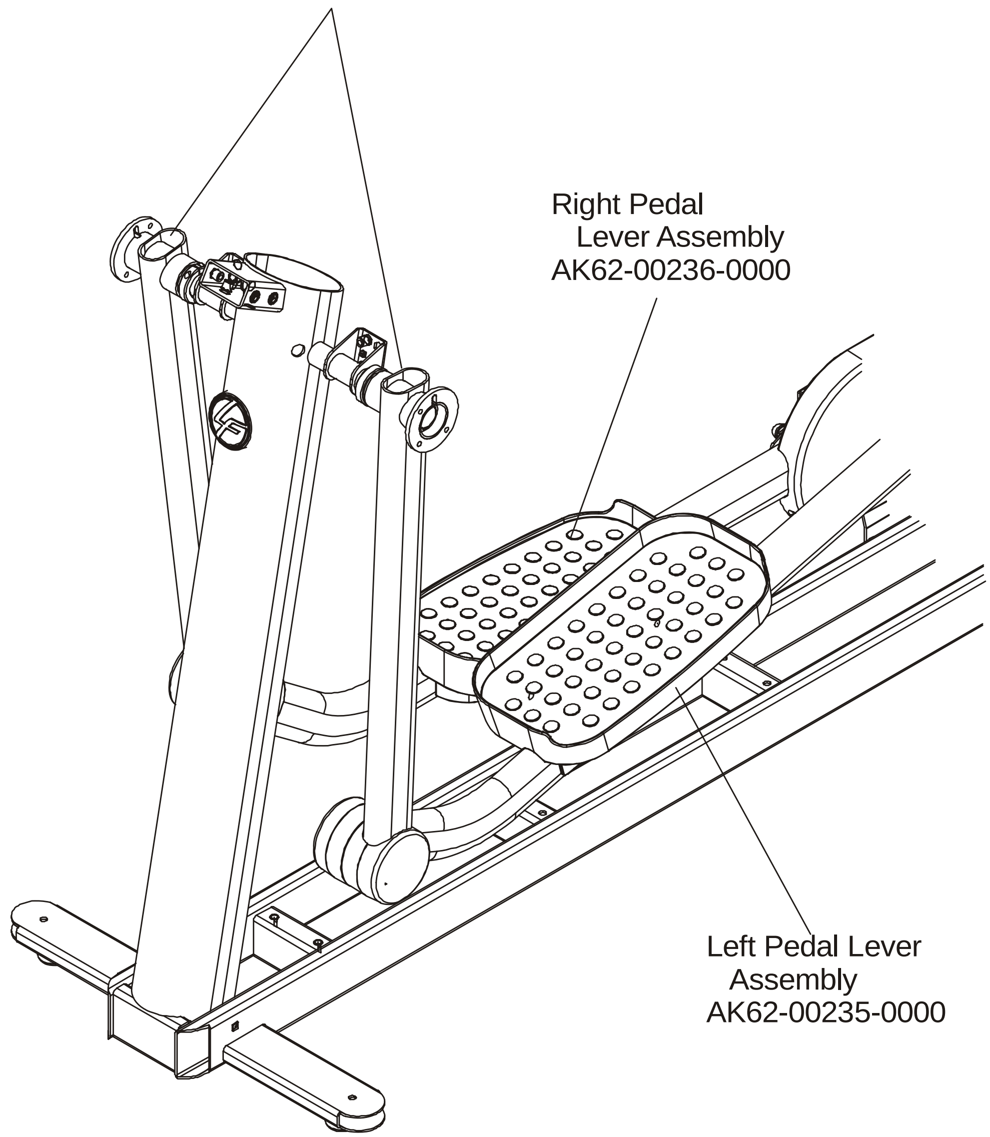
NOTE: The Left Bullhorn Assembly consists of: AK62-00058-0001 Bullhorn, 0K62-01136-0000 Grip and 0K62-01199-0001 Gasket

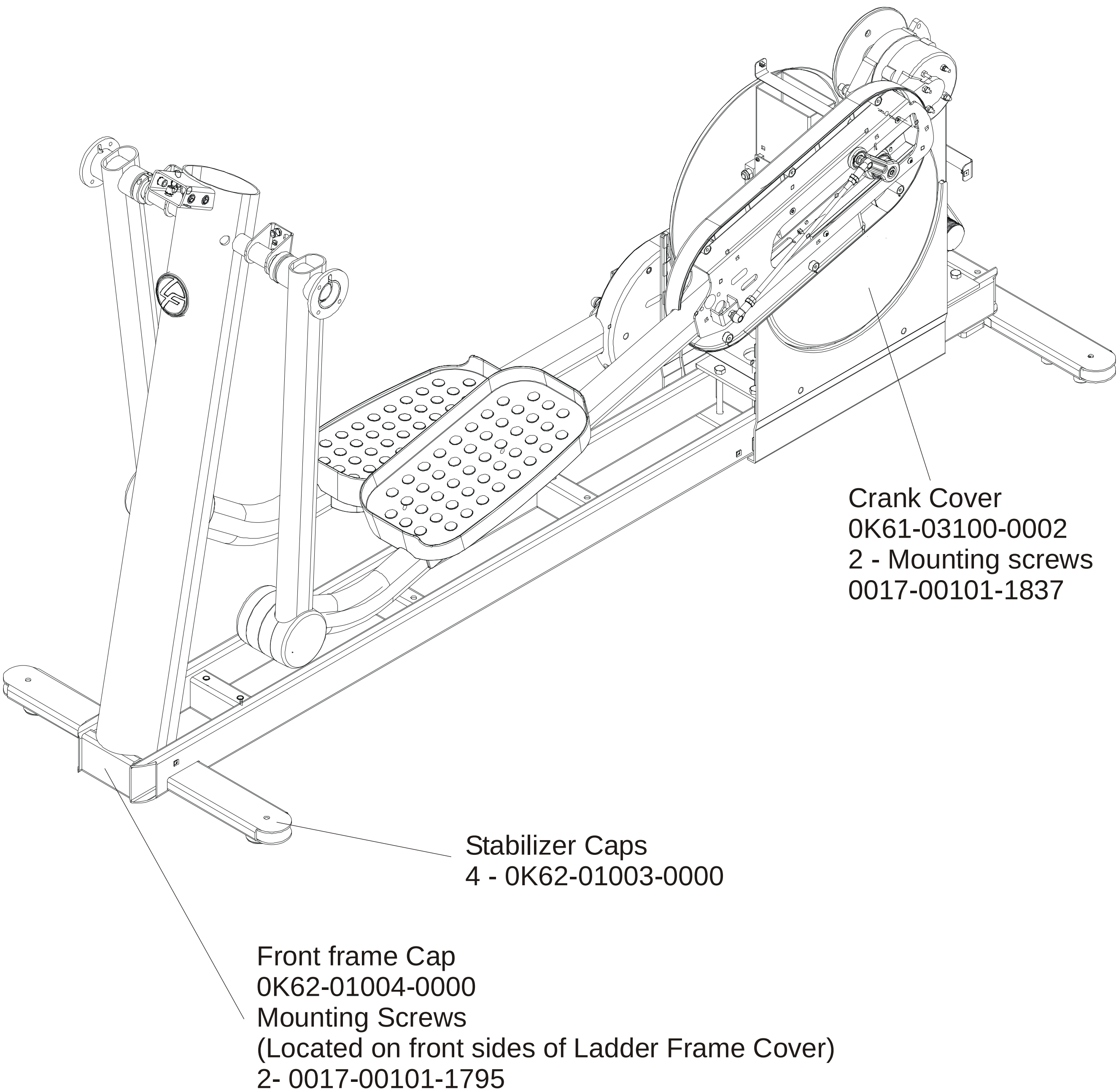


CONSOLE	OVERLAY/BEZEL/SWITCH	LANGUAGE
AK62-00150-0001	AK62-00190-0001	Eng + Met
AK62-00150-0003	AK62-00190-0003	Ger/Met
AK62-00150-0004	AK62-00190-0004	Spn/Met
AK62-00150-0006	AK62-00190-0006	Jap/Met
AK62-00150-0007	AK62-00190-0007	Frn/Met
AK62-00150-0008	AK62-00190-0008	Ital/Met
AK62-00150-0009	AK62-00190-0009	Dut/Met
AK62-00150-0010	AK62-00190-0010	Port/Met

Items Not Shown	
Accessory Tray	0K62-01022-0000
Accessory Tray Mounting Screws (2)	0017-00101-1846



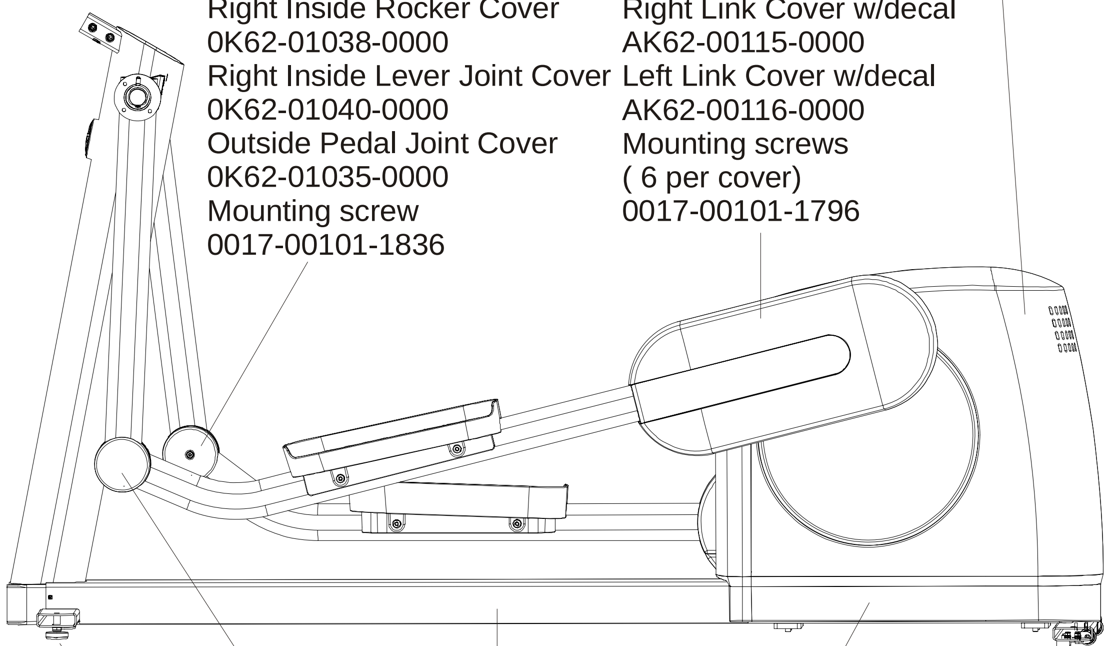

Rocker Arms Kit
GK62-00002-0070
(contains 2 rocker arms,
part no. AK62-00383-0000)
Rocker Arms (2)
AK62-00383-0000
Shaft Collar w/Screws
0K61-01259-0000
Retaining Ring
0017-00100-0178
Metal Thrust Washer
0K62-01307-0000
Oilite Washer
0K62-01305-0000
Right Pedal Lever Assembly
AK62-00236-0000
Left Pedal Lever Assembly
AK62-00235-0000


Crank Cover
0K61-03100-0002
2 - Mounting screws
0017-00101-1837
Stabilizer Caps
4 - 0K62-01003-0000
Front frame Cap
0K62-01004-0000
Mounting Screws
(Located on front sides of Ladder Frame Cover)
2- 0017-00101-1795

Rear Shroud Assy.
AK62-00223-0000
Mounting screws
(2 per side)
0017-00101-1796

Rocker Cover Kit
(includes clip & screw)
GK62-00002-0066
Mounting screw
0017-00101-1796
Right Inside Rocker Cover
0K62-01038-0000
Right Inside Lever Joint Cover
0K62-01040-0000
Outside Pedal Joint Cover
0K62-01035-0000
Mounting screw
0017-00101-1836

Right Link Cover w/decal
AK62-00115-0000
Left Link Cover w/decal
AK62-00116-0000
Mounting screws
(6 per cover)
0017-00101-1796



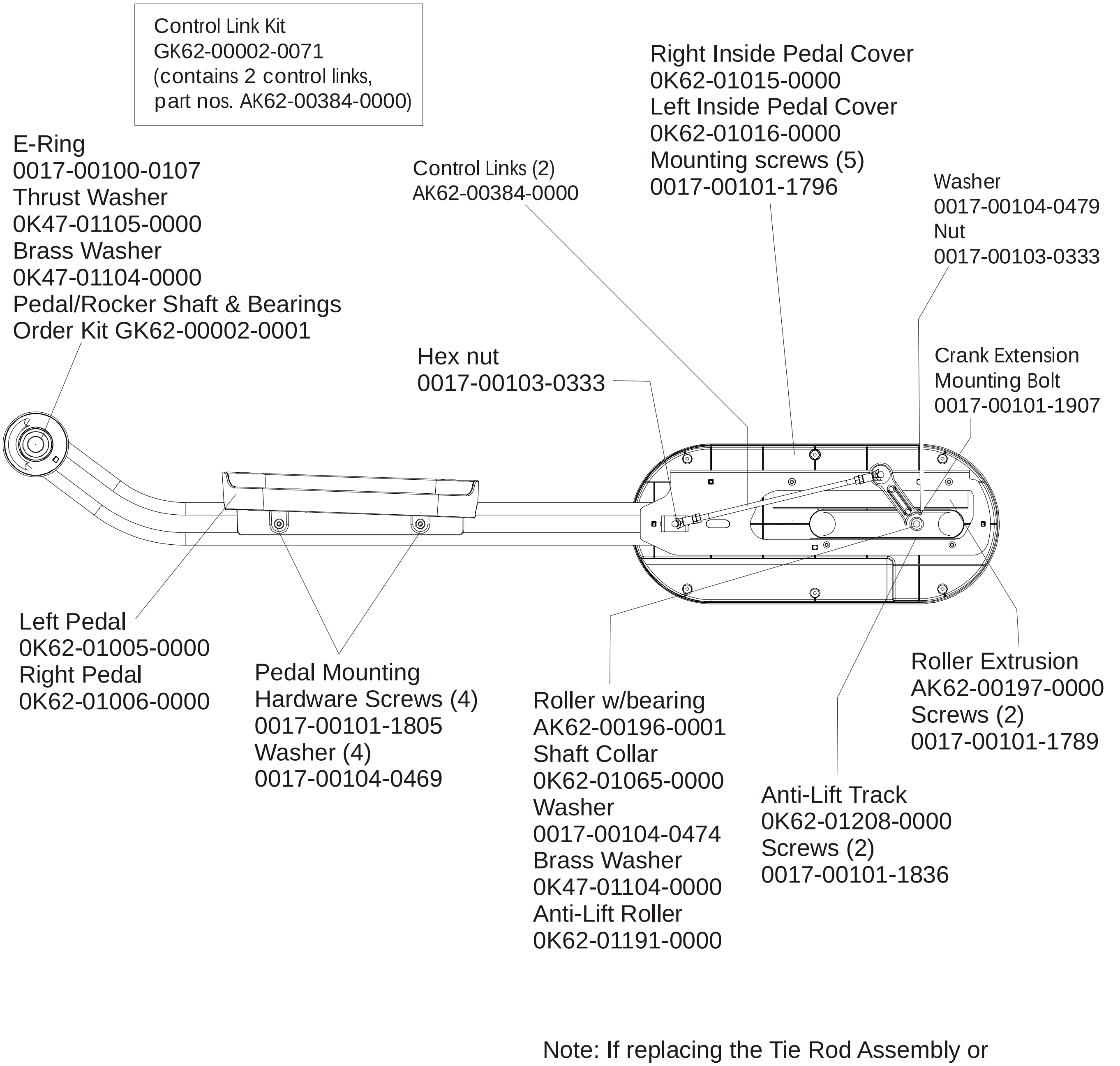
Leg Levelers
AK62-00124-0000

Ladder Frame Cover w/decal
AK62-00106-0001
4 - Mounting screws
0017-00101-1795

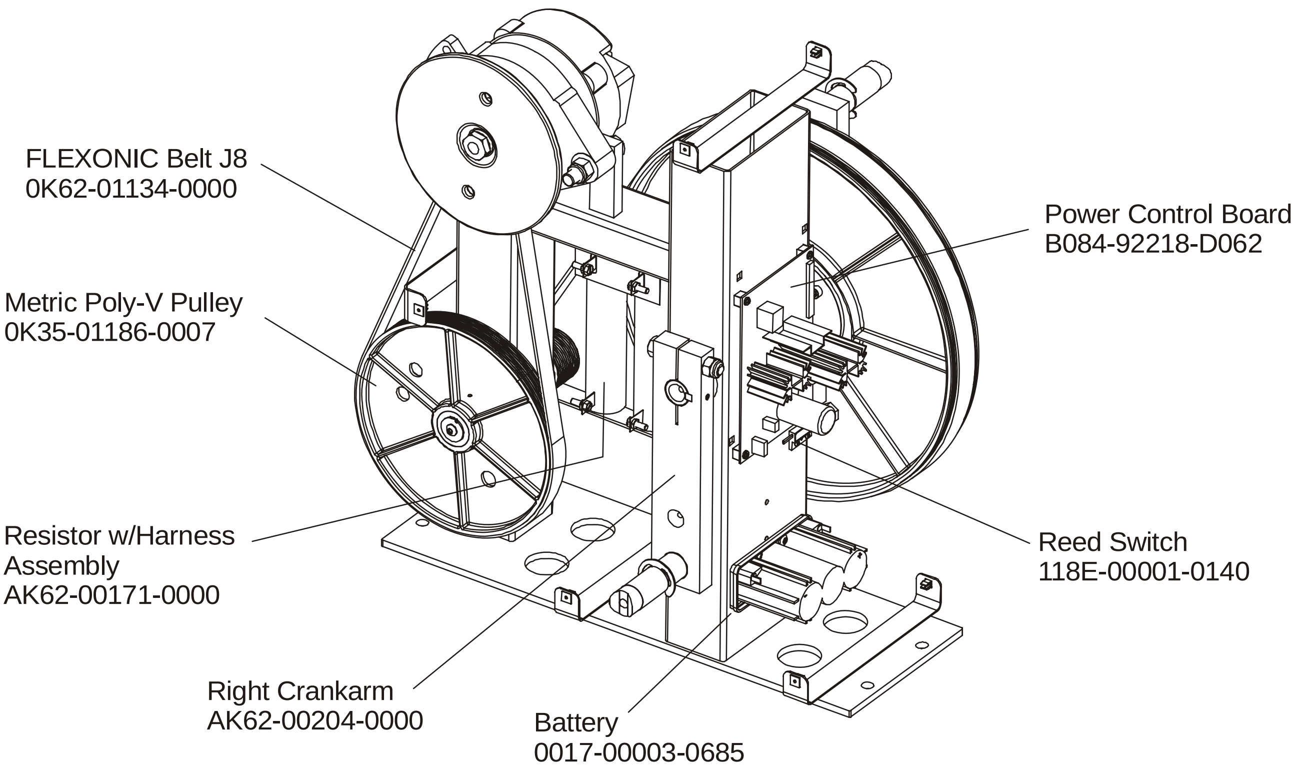
Wheel/Bracket Assy.
AK62-00102-0000
Mounting Screws
(3 per assy.)
0017-00101-1789

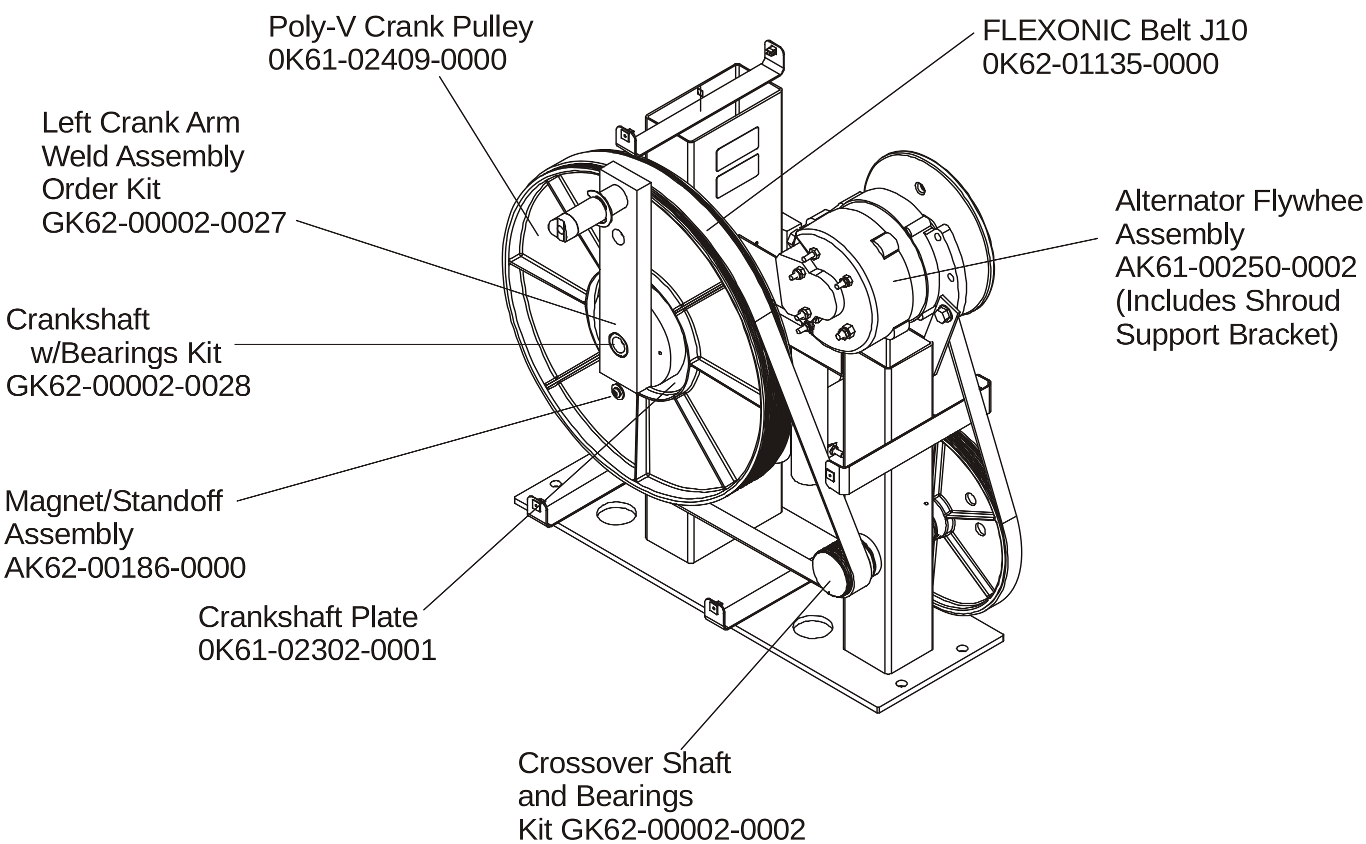
Rocker Cover Kit
(includes clip & screw)
GK62-00002-0066
Mounting screw
0017-00101-1796
Left Inside Rocker Cover
0K62-01037-0000
Left Inside Lever Joint Cover
0K62-01039-0000
Outside Pedal Joint Cover
0K62-01035-0000
Mounting Screw
0017-00101-1836

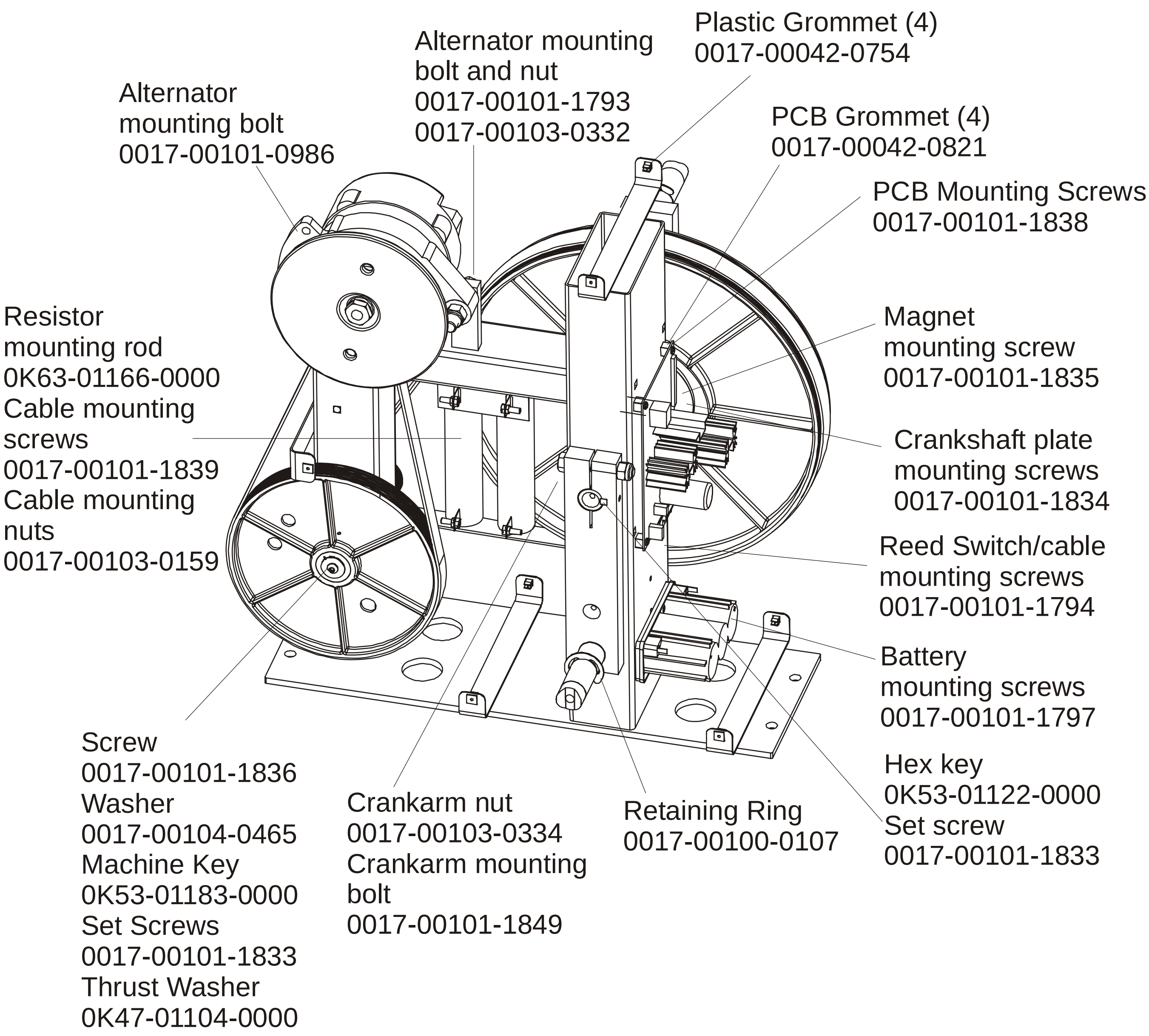
Shroud Panel
0K62-01002-0003
Mounting screws
(2 per side)
0017-00101-1795

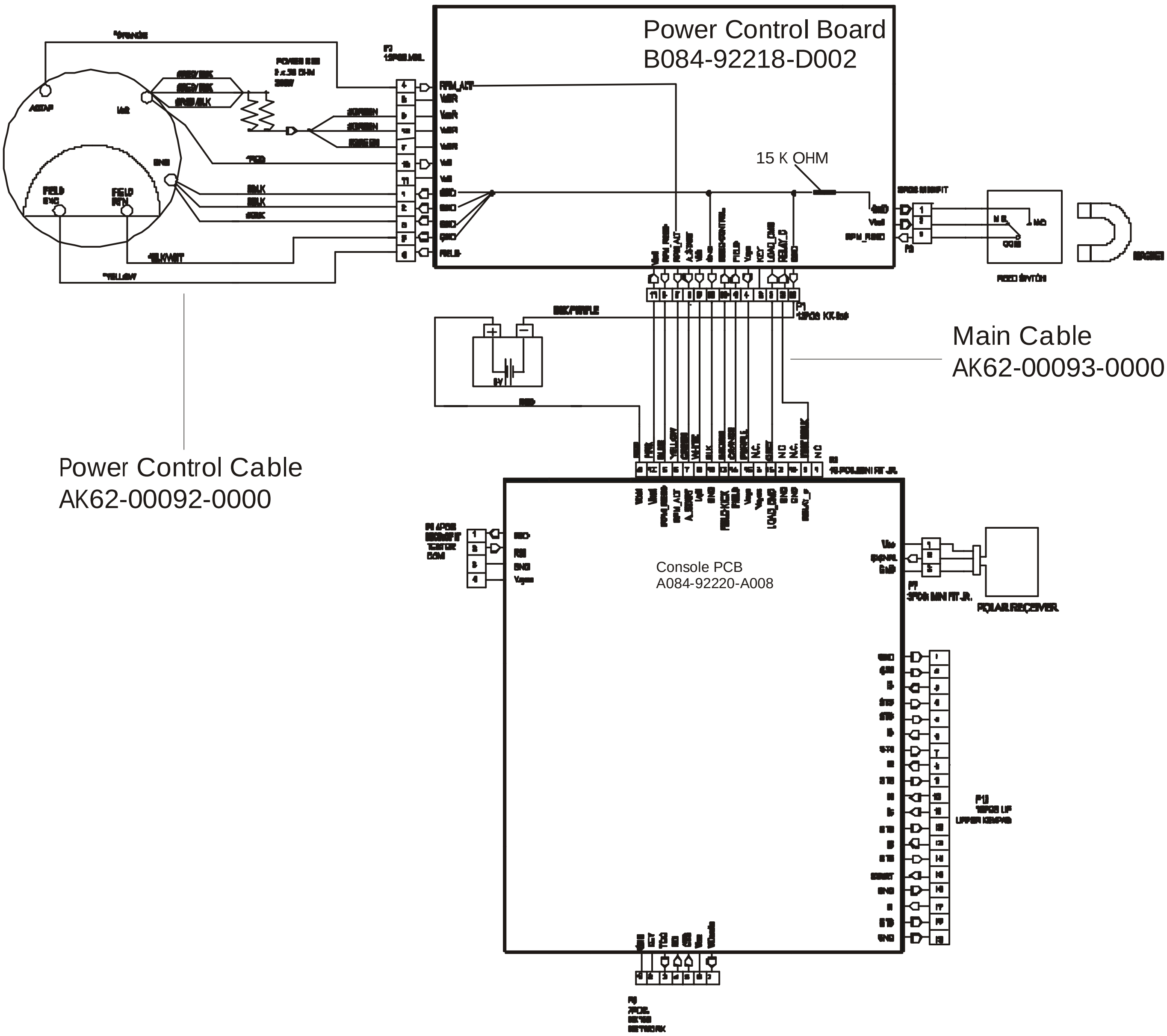


Note: If replacing the Tie Rod Assembly or Crank Extension for the first time, order kit GK62-00002-0015. Both sides must be replaced simultaneously in this situation.


FLEXONIC Belt J8
0K62-01134-0000
Metric Poly-V Pulley
0K35-01186-0007
Resistor w/Harness
Assembly
AK62-00171-0000
Right Crankarm
AK62-00204-0000
Battery
0017-00003-0685
Power Control Board
B084-92218-D062
Reed Switch
118E-00001-0140


Poly-V Crank Pulley
0K61-02409-0000
FLEXONIC Belt J10
0K62-01135-0000
Left Crank Arm
Weld Assembly
Order Kit
GK62-00002-0027
Alternator Flywheel
Assembly
AK61-00250-0002
(Includes Shroud
Support Bracket)
Crankshaft
w/Bearings Kit
GK62-00002-0028
Magnet/Standoff
Assembly
AK62-00186-0000
Crankshaft Plate
0K61-02302-0001
Crossover Shaft
and Bearings
Kit GK62-00002-0002


Alternator
mounting bolt
0017-00101-0986
Alternator mounting
bolt and nut
0017-00101-1793
0017-00103-0332
Plastic Grommet (4)
0017-00042-0754
PCB Grommet (4)
0017-00042-0821
PCB Mounting Screws
0017-00101-1838
Resistor
mounting rod
0K63-01166-0000
Cable mounting
screws
0017-00101-1839
Cable mounting
nuts
0017-00103-0159
Magnet
mounting screw
0017-00101-1835
Crankshaft plate
mounting screws
0017-00101-1834
Reed Switch/cable
mounting screws
0017-00101-1794
Battery
mounting screws
0017-00101-1797
Hex key
0K53-01122-0000
Set screw
0017-00101-1833
Screw
0017-00101-1836
Washer
0017-00104-0465
Machine Key
0K53-01183-0000
Set Screws
0017-00101-1833
Thrust Washer
0K47-01104-0000
Crankarm nut
0017-00103-0334
Crankarm mounting
bolt
0017-00101-1849
Retaining Ring
0017-00100-0107



Power Control Board
B084-92218-D002
15 K OHM
Main Cable
AK62-00093-0000
Power Control Cable
AK62-00092-0000
Console PCB
A084-92220-A008